

MAT1575, Classwork4, Fall2026

1.3 The Fundamental Theorem of Calculus (p.40-56)

1. *Definition:* Average value of the function.

Let $f(x)$ be continuous on the interval $[a, b]$. Then, the average value of the function $f(x)$, denoted f_{ave} , on $[a, b]$ is given by

$$f_{ave} = \frac{1}{b-a} \int_a^b f(x) dx$$

2. *Example:* Find the average value of $f(x) = 6 - 2x$ on the interval $[0, 3]$.

$$f_{ave} = \frac{1}{3-0} \int_0^3 (6-2x) dx = \frac{1}{3} \int_0^3 (6-2x) dx = ?$$

3. *Theorem: The Mean Value Theorem for Integrals.*

If $f(x)$ is continuous on interval $[a, b]$, then there is at least one point $c \in [a, b]$ such that

$$f(c) = \frac{1}{b-a} \int_a^b f(x) dx \quad \text{or} \quad \int_a^b f(x) dx = f(c)(b-a)$$

4. *Example.* Find the average value of function $f(x) = \frac{x}{2}$ over the interval $[0, 6]$ and find a $c \in [0, 6]$ equals the average value of the function over $[0, 6]$.

5. *Theorem. Fundamental Theorem of Calculus, Part 1.*

If $f(x)$ is continuous on interval $[a, b]$, and the function $F(x)$ is defined by

$$F(x) = \int_a^x f(t) dt, \text{ then } F'(x) = f(x) \text{ over } [a, b].$$

Proof: we have a _____ such that

$$F'(x) =$$

6. *Example.* Use the Fundamental Theorem of Calculus, Part 1 to find the derivative of

$$(a) G(x) = \int_1^x \frac{1}{t^3 + 1} dt \quad (b) F(r) = \int_0^r \sqrt{x^2 + 4} dx \quad (c) H(x) = \int_1^{\sqrt{x}} \sin(t) dt \quad (d) K(x) = \int_x^{2x} t^3 dt$$

Observation: To make **Fundamental Theorem of Calculus, Part 1** work, we need to have

(a) _____

(b) _____

(c) _____

7. Theorem: Fundamental Theorem of Calculus, Part 2: The Evaluation Theorem

If $f(x)$ is continuous on interval $[a, b]$, and the function $F(x)$ is any antiderivative of $f(x)$, then

$$\int_a^b f(x) dx = F(x) \Big|_a^b = F(b) - F(a). \quad \text{or } [F(x)]_a^b = F(b) - F(a)$$

Proof: Let $P = \{x_i\}$ for $i = 1, 2, \dots, n$ be a partition on $[a, b]$. By Mean Value Thm, we can find a $c_i \in [x_{i-1}, x_i]$

st. $\frac{F(x_i) - F(x_{i-1})}{x_i - x_{i-1}} = F'(c_i) \Rightarrow F(x_i) - F(x_{i-1}) = \underbrace{F'(c_i)}_{=f(c_i)} (x_i - x_{i-1}) = f(c_i) \Delta x$

Then $F(b) - F(a) = \sum_{i=1}^n f(c_i) \Delta x \Rightarrow \lim_{n \rightarrow \infty} (F(b) - F(a)) = \lim_{n \rightarrow \infty} \sum_{i=1}^n f(c_i) \Delta x = f(c) \cdot \Delta x$

Take limit on both sides and get $F(b) - F(a) = \int_a^b f(x) dx$

observation:

The drawback of this method:

8. Evaluate $\int_{-2}^2 (t^2 - 4) dt = \left[\frac{t^3}{3} - 4t \right]_{-2}^2$

$t=2 \Rightarrow \left[\frac{(2)^3}{3} - 4 \cdot 2 \right] - \left[\frac{(-2)^3}{3} - 4 \cdot (-2) \right]$

$= \left[\frac{8}{3} - 8 \right] - \left[-\frac{8}{3} + 8 \right] = \frac{8}{3} - 8 + \frac{8}{3} - 8 = \frac{16}{3} - 16 = -\frac{32}{3}$

9. Evaluate $\int_1^9 \frac{y-1}{\sqrt{y}} dy$

$= \int_1^9 \left(\frac{y}{\sqrt{y}} - \frac{1}{\sqrt{y}} \right) dy = \int_1^9 \left(y^{\frac{1}{2}} - y^{-\frac{1}{2}} \right) dy = \left[\frac{2}{3} y^{\frac{3}{2}} - 2 y^{\frac{1}{2}} \right]_1^9$

$y=9 \rightarrow \left[\frac{2}{3} (\sqrt{9})^3 - 2 \cdot \sqrt{9} \right] - \left[\frac{2}{3} (\sqrt{1})^3 - 2 \cdot \sqrt{1} \right]$

$= \left[\frac{2}{3} \cdot 27 - 2 \cdot 3 \right] - \left[\frac{2}{3} - 2 \right]$
 $= 18 - 6 - \frac{2}{3} + 2 = 14 - \frac{2}{3} = \frac{40}{3}$

10. James skates along a long, straight track at a velocity of $f(t) = 10 + \cos\left(\frac{\pi}{2}t\right)$ ft/sec. Find how far James has gone after 5 seconds.